

August 24, 2017

Outlet: University Business

Title: Names in the news

Publication Date: August 22, 2017

Summary: Michael Gutierrez was appointed president of **Sacramento City College** and Whitney Yamamura was chosen as president of **Folsom Lake College**. Both were unanimously approved by the Los Rios Board of Trustees.

URL: <https://www.universitybusiness.com/news/names-news-35>

Outlet: Sacramento News & Review

Title: Rock Star: Alex Honnold scales epic rock walls with nothing but his hands, feet and heart

Publication Date: August 24, 2017

Summary: El Capitan can take advanced climbers four days. A Sacramento mountaineer completed his free solo ascent in under four hours.

Honnold's mother, Dierdre Wolownick, a long-distance runner and former language teacher at **American River College**, wasn't immersed in her son's youth climbing although she climbed as a youngster.

URL: <https://www.newsreview.com/sacramento/rock-star-alex-honnold-scales/content?oid=24895424>

Outlet: The Union

Title: Invited to the party: Nevada County's Emily's Catering continues to give back

Publication Date: August 22, 2017

Summary: "I want to make people happy. Someone comes in and buys a cake and I made their day," said Chef Emily Scott Arbaugh. She and her husband, John Arbaugh, own Emily's Catering and Cakes. She earned a degree in culinary arts and hospitality at **American River College**. She worked at several Sacramento region restaurants and dreamed of working as a butcher, but was snubbed by her male contemporaries.

URL: <http://www.theunion.com/entertainment/invited-to-the-party-nevada-countys-emilys-catering-continues-to-give-back/>

Outlet: Sacramento Bee

Title: Judge sets trial date for two men accused of murder in melee at Sacramento City College

Publication Date: August 23, 2017

Summary: Two men police tied to a deadly daylight shooting in a **Sacramento City College** parking lot in September 2015 will stand trial for murder in the fall, a judge ordered Wednesday.

URL: <http://www.sacbee.com/news/local/crime/article168947027.html>

Outlet: Victory Sports Network

Title: Bellevue Men's Basketball announces six additions

Publication Date: August 23, 2017

Summary: The Bellevue University men's basketball team, under 10th-year head coach Shane Paben, announced today the addition of six student-athletes to the program for the 2017-18 school year. Richard Reed, a 5-10 guard, joins the BU team after previously attending **American River College**. Last season he had a breakout campaign, averaging 20.6 points and 4.6 rebounds per game while sinking 59 three-pointers (38.1 percent) and hitting on 75.6 percent of his free throw attempts. The team captain, he earned First Team All-Big 8 Conference honors for his performance throughout the season.

URL: <http://wrestling.victorysportsnetwork.com/Clip/news/bellevue-mens-basketball-announces-six-additions.htm>

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